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## **THE GRID NOTEBOOK #7**

### **Groups for Rehabilitation and Inclusive Development**

*Building Communities of Practice for Rehabilitation and Inclusive Development in the North West Region of Cameroon*

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#### **Newsletter #7 – August 29, 2016**

The GRID NOTEBOOK is a biweekly newsletter featuring Events, Announcements, News, Resources, and Opportunities you need to know about if you are interested in Rehabilitation and Inclusive Development in the North West Region of Cameroon.

To view this issue online, please go to <https://nwrcommunityofpractice.wordpress.com/articles-and-documents/>

We are happy to include submissions from people who share a passion for rehabilitation and inclusive development in the North West Region. If you have something to contribute, please send it to [nwrcommunityofpractice@gmail.com](mailto:nwrcommunityofpractice@gmail.com)

#### **Announcements**

**AJOD Special Call for manuscripts:** The International Society of Wheelchair Professionals in partnership with the African Journal of Disability (AJOD) is pleased to announce a special issue focused on Wheelchair-related topics for less-resourced environments (LREs). Manuscripts are due by 15 November 2016 with planned publication in May 2017. Learn more:

<http://www.ajod.org/index.php/ajod/pages/view/2017-special-issue>

#### **Events**

**World Mental Health Day is October 10, 2016.** This year the theme is “Dignity in Mental Health, Psychological and Mental First Aid to All.” Do you know how to provide psychological first aid to your friends and family members? Something to think about and take action - maybe your skills need some brushing up. Mental Health First Aid (MHFA) is the help you provide to someone when they are experiencing a mental health crisis or developing a mental health problem. Just as physical first aid is administered to an injured person before medical treatment can be obtained, you can provide MHFA until further treatment is obtained or until the crisis is resolved. GRID members will be participating in events around the region, including a sensitization program happening in Bansa. For more information please contact the GRID Theme Lead for Mental Health, Ms Anya Nadege at [anyanadege86@gmail.com](mailto:anyanadege86@gmail.com)

**International Day of the Girl Child, October 11, 2016:** The GRID Gender and DID group reminds us that girls are our future. (DID = disability inclusive development) The fourth annual International Day of the Girl Child, is coming up. People around the world will be joining forces to ensure a world free of discrimination for young women and girls. It is crucial that girls with disabilities are included in these efforts. For more about what is happening in Bamenda, contact the Regional Delegate of Women's Empowerment and the Family or Sylvia Anyangwa at [abosylvia@yahoo.com](mailto:abosylvia@yahoo.com). See more about the day at: <http://www.unwomen.org/en/news/in-focus/girl-child>

**Inclusive Education in the North West Region:** A three day capacity building workshop for Lead Persons and resource teachers in inclusive education took place in Bamenda from the 29th to the 31st of August 2016 under the auspices of the SEEPD Program of the CBCHS. By the end of the workshop, teachers were to be “empowered to mainstream disability in educational interventions”. 4 members from the GRID Inclusive Education Group were in attendance. For more information contact the Education Advisor and Education Officer for the SEEPD Program, Tangem Julius Takwa <tangem\_julius@yahoo.com> or talk with the GRID members who attended.

## Resources

**Writing up community engaged research?** There’s a very practical new article out by Sarah Flicker and Stephanie A. Nixon called “*Writing peer-reviewed articles with diverse teams: Considerations for novice scholars conducting community-engaged research*”. It is in the July 2016 issue of Health Promotion international. If you can’t access the pdf version, let us know and we can share it with you. doi:10.1093/heapro/daw059

**The Journal of Public Health in Africa (JPHiA)** is a peer-reviewed, on-line journal that focuses on health issues in the African continent. The journal editors seek high quality original articles on public health related issues, reviews, comments and more – **which means YOU could submit a manuscript** to them. The aim of the journal is to move public health discourse from the background to the forefront. Read more here: <http://www.publichealthinafrica.org/index.php/jphia/index>

## Opportunities

This edition of the GRID Notebook was prepared by Lynn Cockburn. Thanks for reading! Feel free to share it with others.